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Potion of sleep

EDIT

This article is about the variety of potion found throughout the Realms. For the one specific to Zakhara, see Sleeping potion.

A ***potion of sleep***, also known as **potion of somnolence**, was a powerful potion that put the imbiber to deep sleep and was extremely dangerous in its undiluted form.[1]

A potion of sleep found on the Sword Coast circa 1492 DR

Potion of Sleep	
Basic Information	
Other names	*Potion of Somnolence*
Type	Potion

Contents [hide]

Description
Origins
Powers
History
Appendix
See Also
Appearances
Gallery
References

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Description

The hazy liquid of the potion was swirled with hypnotic patterns.[2] The concentrated liquid that composed a *potion of somnolence* created a puff of white mist when the vial was uncorked. It strongly smelled and tasted like blackberries. Drinking the potion made one's mouth tingle as if biting into a mint leaf.[1]

Origins

One of the types of *potion of somnolence* was distilled out of dark purple mushroom caps, each the size of a dinner plate. These peculiar mushrooms were found in the Feywild all around Darroch Castle, growing in sporadic clusters.[3]

Blood of a werejackal was an ingredient of another recipe for the *potion of sleep*. It could be a telltale sign as the blood tended to flake in the potion's liquid.[2] And some were known to use locks of nymph hair as an ingredient.[4]

Powers

Undiluted, *potion of somnolence* was an incredibly powerful and addictive substance. Just one sip of the highly watered down soporific liquid (one drop of the potion in a vial-full of drinking water) was enough to send the user to sleep in less time than it took to count down from ten. A typical dosage was just one mouthful and it was enough to last several hours.[5]

History

Around 1396 DR, Japheth Donard used a dangerously concentrated *potion of somnolence* to create a sleeping-aid-like elixir to help Anusha Marhana, a young spell-scarred human noble, to access her unusual power of projecting a ghost-like astral form in times of danger. The ability was only triggered during sleep.[6]

Appendix

See Also

- *Incense of somnolence*
- *Knockout drops*

Appearances

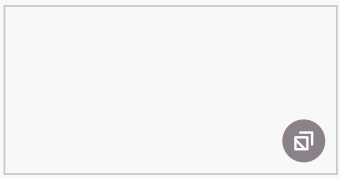
Novels

The Ring of Winter • *Plague of Spells* • *City of Torment* • *Key of Stars*

Video Games

Pool of Radiance: Ruins of Myth Drannor • *Baldur's Gate III*

Gallery



Concept art of various depictions

of sleeping potions for *Baldur's Gate III*', by Ana Popescu

References

1. ↑ [1.0] [1.1] Bruce R. Cordell (December 2008). *Plague of Spells (Mass Market Paperback)*. (Wizards of the Coast), chap. 10, p. 198. ISBN 978-0-7869-4965-6.
2. ↑ [2.0] [2.1] Larian Studios (October 2020). Designed by Swen Vincke, et al. *Baldur's Gate III*. Larian Studios.
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